



# MULTIPLIX MOLECULAR PANELS FOR VIRAL DIAGNOSTIC TESTING:

PROS AND CONS

D. Jane Hata, Ph.D., D(ABMM)  
Associate Director of Microbiology  
Mayo Clinic Florida

February 8, 2025

# DISCLOSURES

- I will be discussing specific molecular test products
  - Emphasis of US FDA-approved products
  - -Not an endorsement!
- Molecular panel testing for blood cultures or synovial fluid will not be discussed
  - Viruses not included on these panels
- Seegene Inc. (speaker fees)
- Roche Molecular Diagnostics (study)

# LEARNING OBJECTIVES

- Understand the technologies utilized in molecular syndromic panel testing for viral pathogens
- Review the clinical significance of viral pathogens in respiratory, gastrointestinal and central nervous systems infections
- Understand the advantages and disadvantages of molecular panel testing for viral pathogens

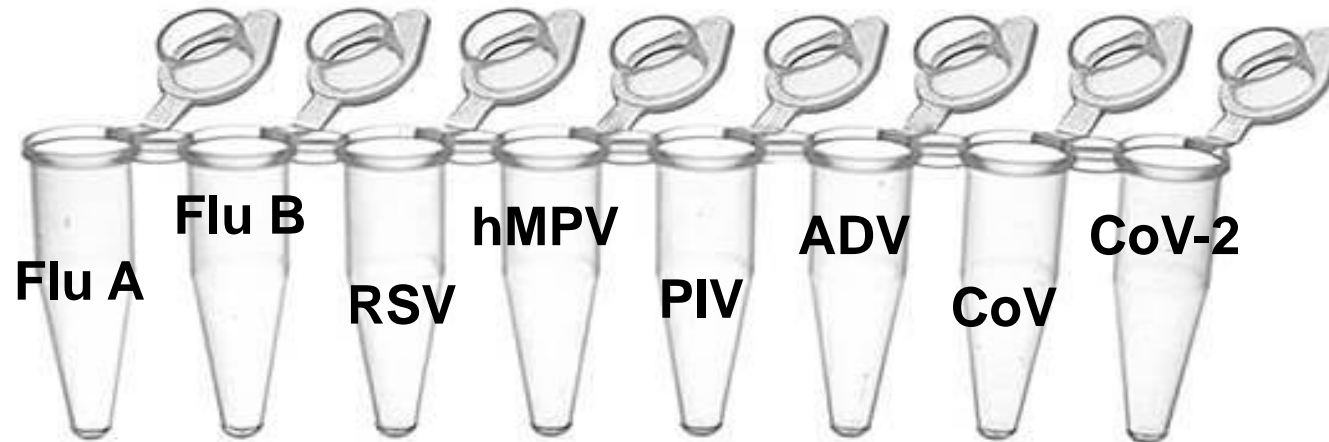


1

# HOW DO MOLECULAR PANELS WORK?

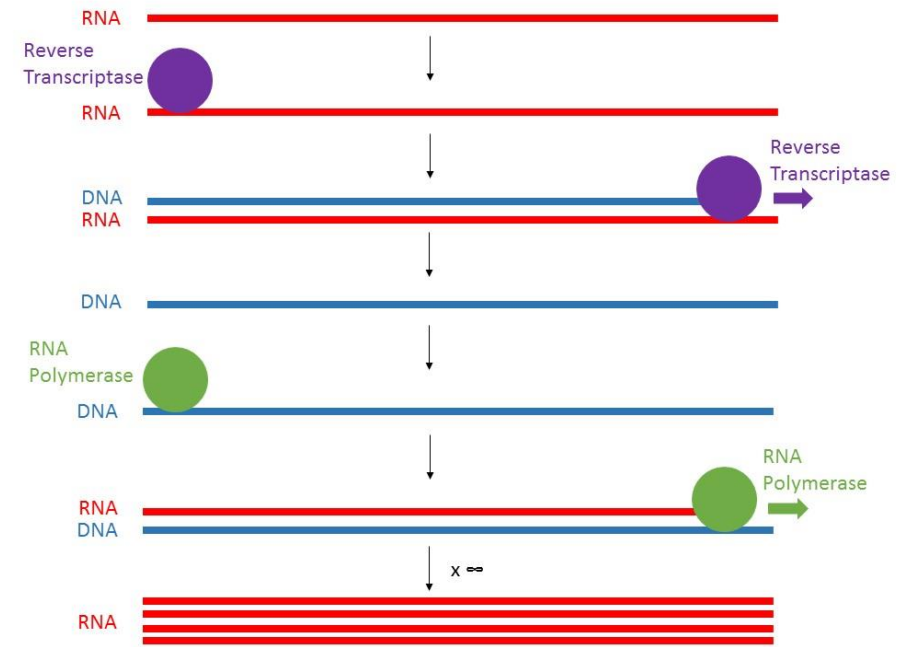
# DEFINITIONS

- Multiplex Molecular Testing
  - Simultaneous detection and identification of multiple biomarkers (targets) in a single test
  - Sensitivity and specificity may be affected
- Syndromic Testing Panels
  - Multiplex testing based on body system or disease presentation
  - Multiple individual tests packaged in a single system
  - “Respiratory panel”
  - “Gastrointestinal panel”
  - “Meningitis/Encephalitis panel”

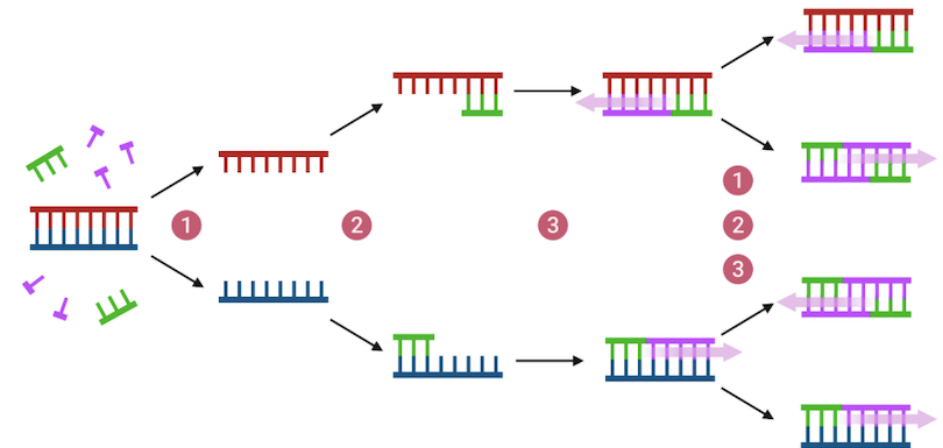


# HOW DOES IT WORK?

- Goal is to provide multiplex molecular amplification in a single panel format
  - PCR based – DNA Amplification
  - Microarray based
  - Transcription-mediated amplification – RNA amplification
  - Ease of use by automation
- FDA-approved
  - Moderate to high-complexity testing
  - Specific sample types
  - Specific collection devices
  - Other than these parameters....classified as FDA modified or *laboratory developed tests*



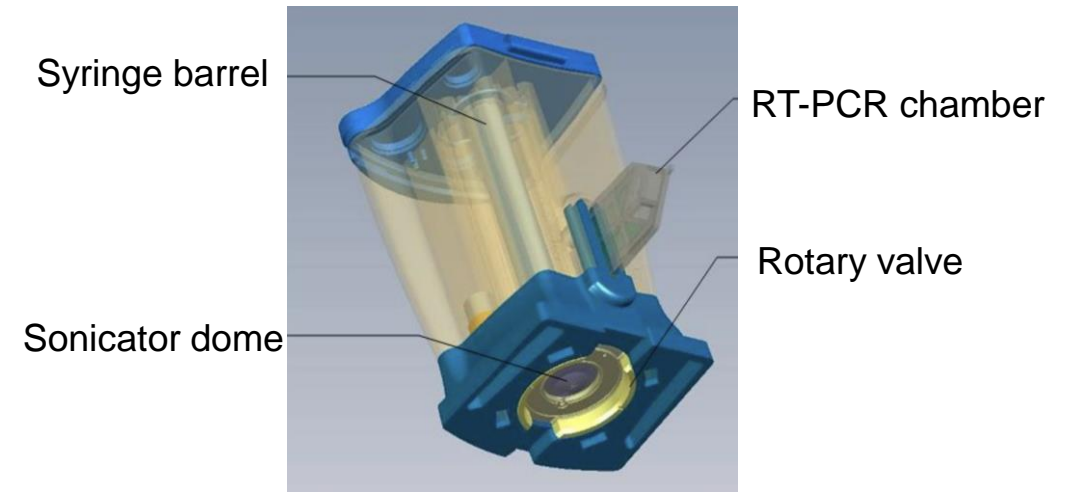
[https://en.wikipedia.org/wiki/Transcription-mediated\\_amplification](https://en.wikipedia.org/wiki/Transcription-mediated_amplification)



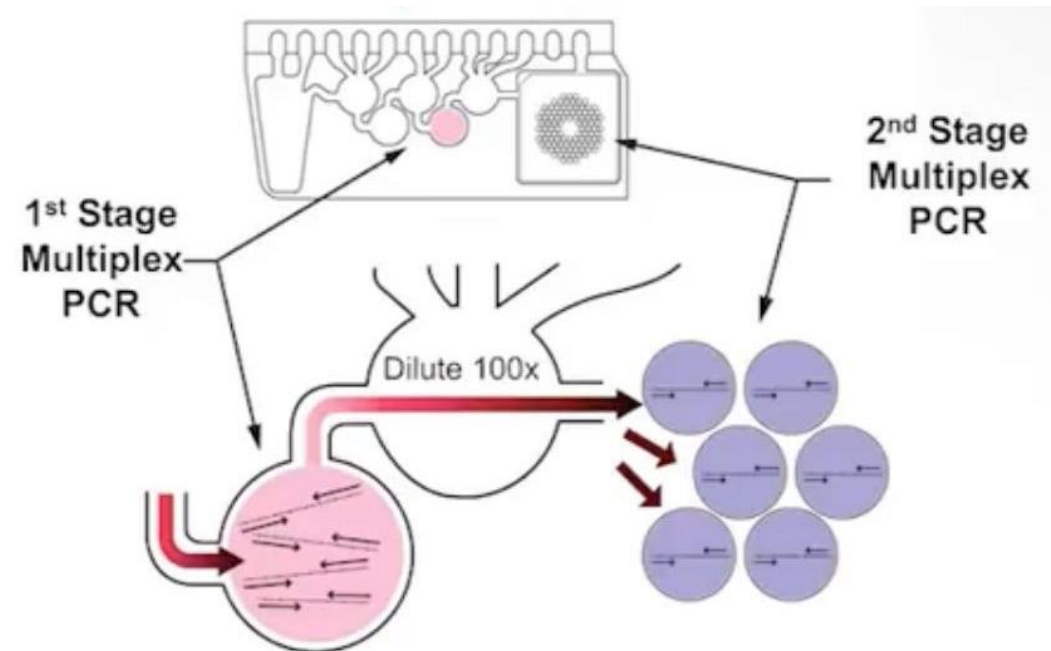
[www.biorender.com/template/polymerase-chain-reaction-pcr](http://www.biorender.com/template/polymerase-chain-reaction-pcr)

# AMPLIFICATION METHODS

- Specimen is injected into panel strip/cartridge
- Chemical lysis to release nucleic acids from organism
- Cepheid
  - Multiplex PCR in a single cartridge
  - Smaller panel
- Biofire
  - Large-volume multiplex PCR
  - Single-plex nested PCR
  - Multiple reactions in a larger panel



<https://slideplayer.com/slide/5910092/>



<https://aseq.substack.com/p/the-biofire-filmarray>

# A WIDE VARIETY OF PLATFORMS

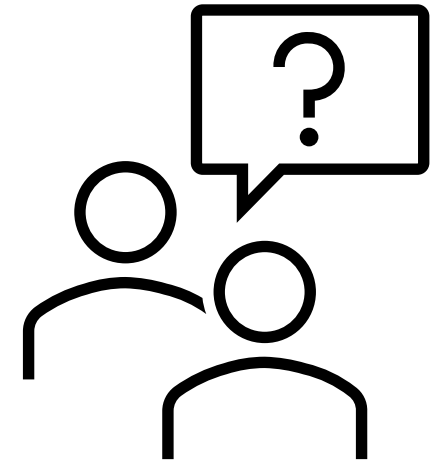
- Panels vary in terms of available targets
- Large panels and small panels
- Sample to answer





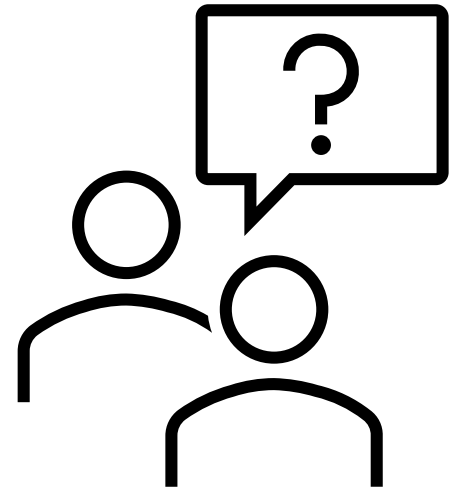
# FALSE POSITIVE RESULTS

- Detection of residual nucleic acid
  - Prior infection
- Contamination of reagents with non-viable organism
- Contamination of sample during collection
- Contamination of sample during specimen processing
- Non-specific amplification exceeding baseline
- Error in laboratory resulting
- May result in unnecessary therapy or incorrect therapy
  - Antibiotics for viral infections



# FALSE NEGATIVE RESULTS

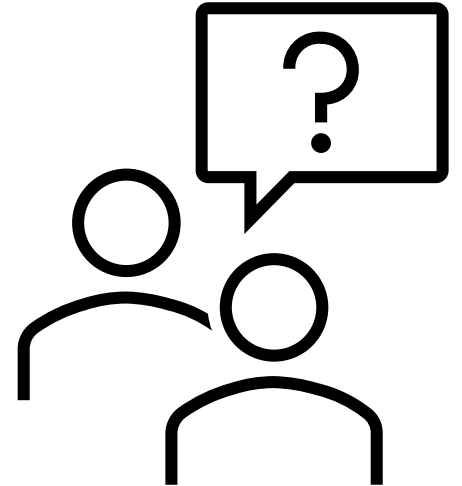
- Insufficient amount of specimen
- Amplification inhibition
  - Enzymes, hemoglobin, poor extraction quality
- Amplification below the lower level of detection of assay
- Error in laboratory resulting
- May result in no therapy or exposures to pathogen



# OTHER CONSIDERATIONS FOR PANEL IMPLEMENTATION

## HIGH VOLUME PLATFORM VS. LOW VOLUME PLATFORM

- Patient population
  - Inpatient or outpatient?
  - High-risk patients?
    - Immunocompromised
  - Pediatric vs. adult?
  - US only – Will insurance cover the test?
- Specimen collection and stability - Logistics
  - Specific collection device
  - Transport to testing laboratory?
  - Transportation conditions (temperature)



# 2

## RESPIRATORY VIRAL PATHOGEN PANEL TESTING



**SPECIAL REPORT**



**ADLM Guidance Document on Laboratory  
Diagnosis of Respiratory Viruses**

**Gregory J. Berry <sup>a</sup>, Tulip A. Jhaveri <sup>b</sup>, Paige M.K. Larkin,<sup>c</sup> Heba Mostafa,<sup>d</sup>  
and N. Esther Babady<sup>e,\*</sup>**

GJ Berry, et al. *Journal of Applied Lab. Med.*, Volume 9, Issue 3, May 2024, Pages 599–628.

# RESPIRATORY VIRUSES

- Influenza A
  - Subtypes H1, H3; **H5**
- Influenza B
- Human Metapneumovirus
  - Adults and children
- Respiratory syncytial virus (RSV)
  - Subtypes A, B
  - Pediatric and older adults
- Parainfluenza
  - Subtypes 1-4
  - Reinfection common
- Rhinovirus/Enterovirus
  - Most common in circulation
- Human Coronavirus
  - HKU-1
  - OC 43
  - NL 63
  - 229-E
  - SARS CoV-2 (COVID)
  - MERS – less common
- Adenovirus
  - URI's ,pharyngoconjunctival fever
- Bocavirus
  - Controversial status as pathogen
  - Persistence in LRT



# MULTIPLIX RESPIRATORY PANELS

- Syndromic panels” for URI
- 3 – 22 targets: bacteria, viruses
- Nucleic acid amplification (NAAT) based,
  - 20 minutes - 4 hour run time
  - Specific instruments often required
  - All reagents contained in a cartridge or strip
  - Expensive
  - Random access or batch testing
  - Can detect “residual” nucleic acid
- Fast TAT can help target therapy
  - Influenza, CoV-2
- Pneumonia Panels for LRT
  - Atypical bacterial pathogens



# PERFORMANCE COMPARISON OF RESPIRATORY PANELS (N=210)

Viral Target	% Overall Agreement			Mean % Positive Predictive Agreement			Mean % Negative Predictive Agreement		
	FA	RPP	TAC	FA	RPP	TAC	FA	RPP	TAC
Adenovirus	96.2	97.6	98.1	95.8	91.6	93.4	96.9	99.1	99.3
Influenza A	100	100	99.5						
Influenza B	100	100	100						
Parainfluenza (1 – 4)	98.6	99.0	98.1						
HMPV	99.0	98.1	99.0						
Rhino/Entero	92.8	95.2	96.2						
CoV (not Co-V2)	97.1	97.1	99.0						
RSV	98.6	98.1	98.6						

FA: BioFire Respiratory Panel  
RPP: Luminex XTag Respiratory Panel  
TAC: Life Technologies TaqMan Array Card

# ASSAY ISSUES THAT IMPACT TEST PERFORMANCE

- Changes in target sequence may reduce sensitivity
  - Influenza A Matrix gene mutations
  - Test developers must use “contemporary” isolates
    - SARS CoV-2 “Alpha” variant
- Emergence of new agents with enhanced virulence
  - SARS CoV-2
- Reagent shortages secondary to epidemics/pandemics
  - SARS CoV-2
  - Influenza
- Quality of specimen collection
  - NP? Nasal? Throat?



# DO IMPLEMENTATION OF RESPIRATORY PANELS AFFECT PATIENT CARE?

- Mixed results across multiple studies
  - Antibiotic Usage
    - Only difference noted in patients NOT receiving antibiotics before panel result
  - Length of hospital stay – No difference
- Diagnosis of influenza may lead to shorter hospital stay, fewer antibiotics, less diagnostic imaging
  - No impact when a non-influenza positive result was noted
- Clear guidance is needed!

# WHEN IS A RESPIRATORY PANEL APPROPRIATE?

- High pretest probability of respiratory viral infection
- When results will guide management:
  - Use of antivirals
  - Infection control measures
  - Outbreak surveillance
- Hospitalized patients
- Immunocompromised hosts
- Pediatric patients with severe disease or underlying conditions

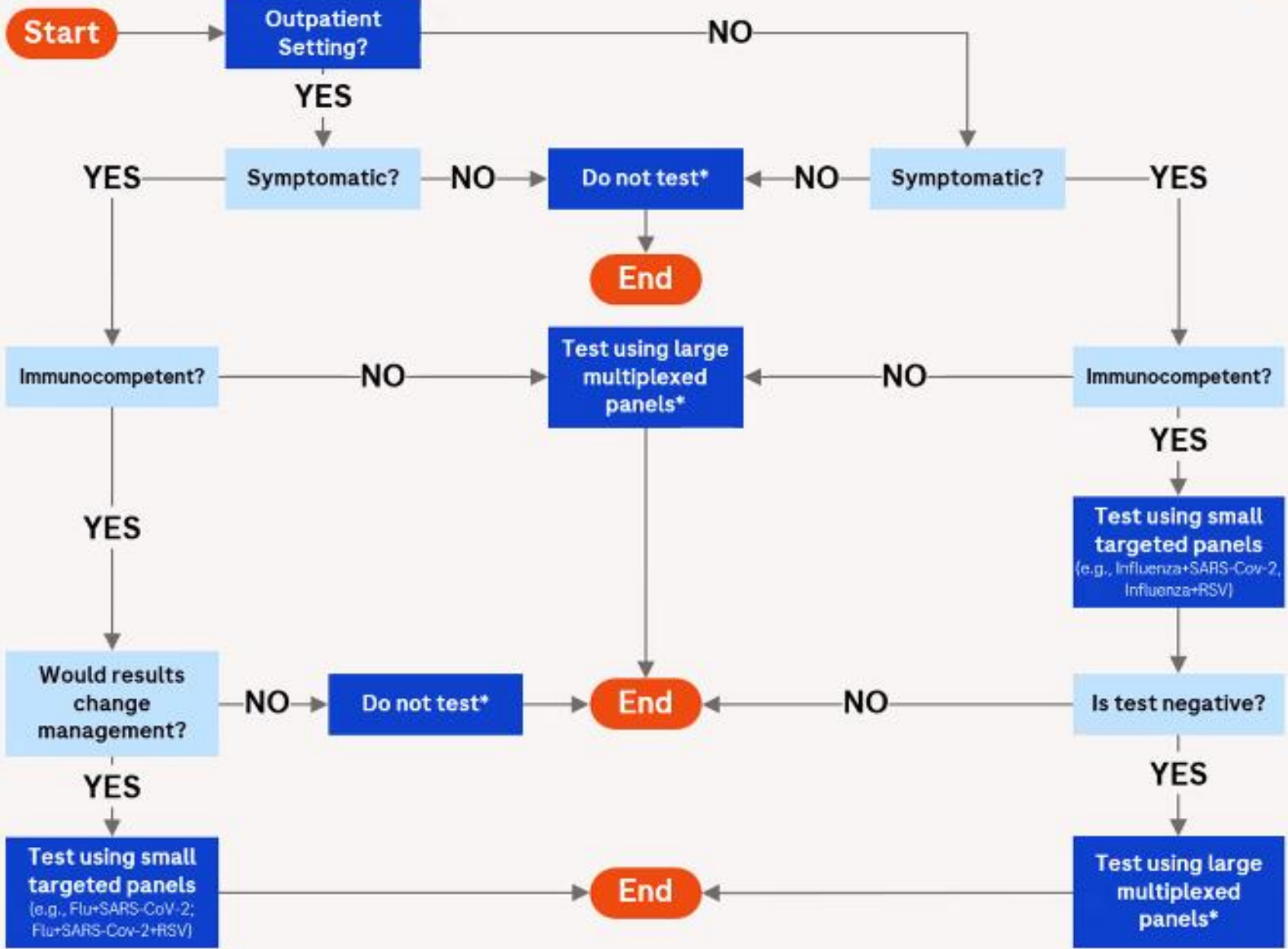


# WHEN IS A RESPIRATORY PANEL *NOT* APPROPRIATE?

- Testing of asymptomatic patients
  - "Screening" tests
- Testing in low-prevalence situations
  - False-positive results may occur
- Mild symptoms in otherwise healthy individuals (outpatient settings)
  - Consider small panels or targeted testing for Influenza or SARS CoV-2
- Assist providers with appropriate test selection to guide diagnostic stewardship



# RESPIRATORY PANELS AND PATIENT MANAGEMENT



GJ Berry, et al. *Journal of Applied Lab. Med.*, Volume 9, Issue 3, May 2024, Pages 599–628.



# 3

## **GASTROINTESTINAL (GI) VIRAL PATHOGEN PANEL TESTING**

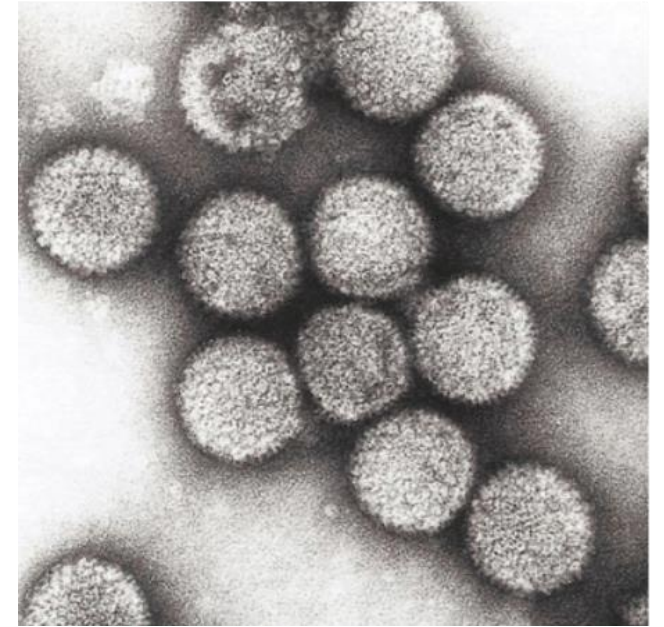
# GASTROINTESTINAL (GI) VIRAL PATHOGENS

- Rapid onset
  - Nausea, vomiting, non-bloody diarrhea, fever, malaise
- Self-limiting
  - 48 – 72 hours
- No antiviral treatment
  - Supportive care only
- Outbreaks associated with food, water, fecal-oral transmission, droplets, human gatherings
- Environmental persistence

Powell EA, et al. J Clin Virol. 2023 Dec;169:105612.

# GI VIRUSES - DNA

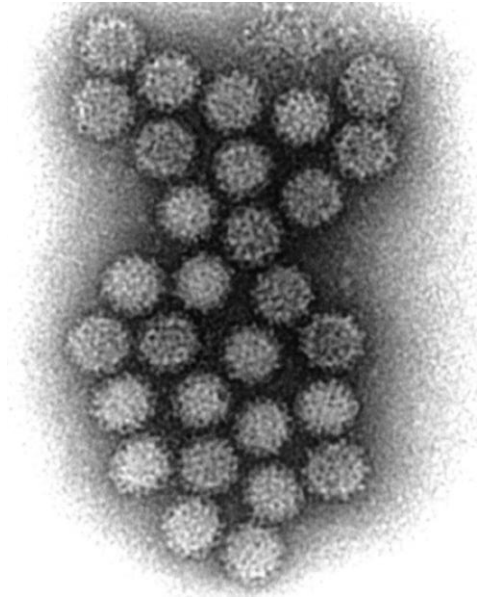
- Adenovirus (*Adenoviridae*)
  - Over 100 subtypes, most of which result in GI disease
    - Types 40,41
  - 2% - 15% of pediatric diarrhea cases
  - 94% seroprevalence in adults (US)
  - Less association with large-scale outbreaks



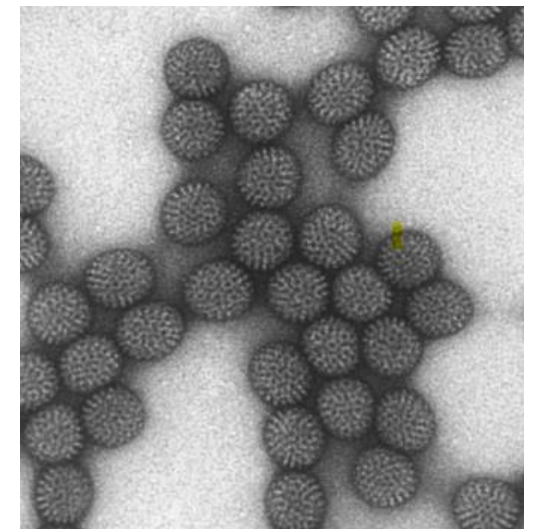
Schnell, M et al. 2001. Jour Am Soc of Gene Therapy; 3: 708-22.

# GI VIRUSES - RNA

- Norovirus (*Caliciviridae*)
  - 10 genogroups (GI – GX); GII.4 most common
  - High viral loads;  $10^5 - 10^8$  copies/gram in stool
  - Greater significance in certain populations
    - HSCT, SOT – Severe disease and persistent viral shedding
- Rotavirus (*Reoviridae*)
  - Pediatric pathogen (< 5 y.o)
  - Seasonal epidemics January - June
  - Oral vaccine is available



<https://step1.medbullets.com/microbiology/121540/norovirus>



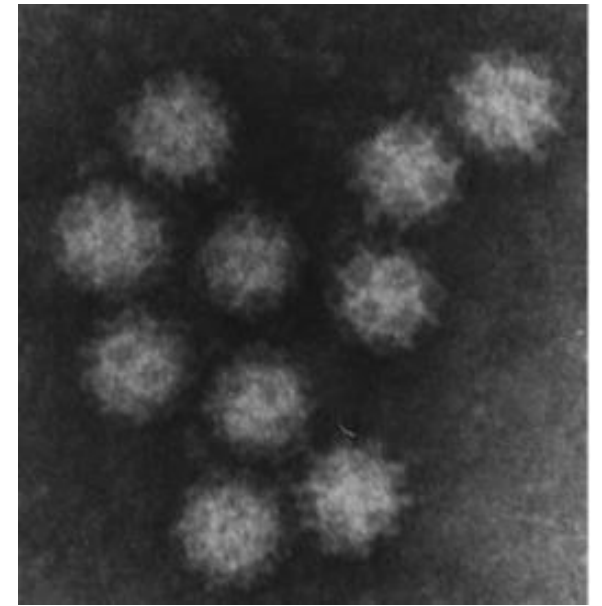
<https://www.cdc.gov/rotavirus/about/photos.html>



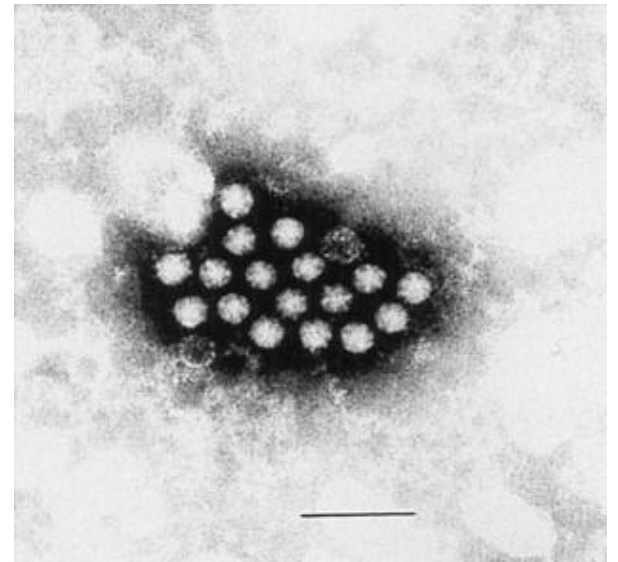
# GI VIRUSES - RNA

- Sapovirus (*Caliciviridae*)
  - “Star of David” morphology
  - Less severe disease than norovirus
  - Fecal shedding of virus 1-4 weeks
  - May be emerging cause of GI disease in children < 5 y.o.
- Astrovirus (*Astroviridae*)
  - Star like morphology
  - Incidence peaks at 12-17 months of age; 2-9% of pediatric diarrhea cases
  - Resistant to inactivation

Powell EA, et al. J Clin Virol. 2023 Dec;169:105612.



Oka T, et al. Clinical Micro Rev. 2015 Jan;28(1):32-53.



Moser L, Schultz-Cherry S. Astroviruses. Encyclopedia of Virology. 2008:204–10.

# MULTIPLEX GI MOLECULAR PANELS

- “Syndromic panels”
- Up to 22 targets: bacteria, parasites, viruses included
- Nucleic acid amplification (NAAT) based,
  - < 4 hour run time
  - Specific instruments often required
  - All reagents contained in a cartridge or strip
  - Expensive
  - Random access or batch testing
  - Can detect “residual” nucleic acid
- Rafila et al study
  - 54.2% of pathogens detected with molecular method
  - 18.1% detected with conventional culture



Hata DJ et al. J Appl Lab Med. 2023 Nov 2;8(6):1148-1159

Rafila, A., et al. Clinical Microbiology and Infection, 2015; 21(8);719-728.

# PERFORMANCE COMPARISON OF GI PANELS

Viral Target	% Clinical Accuracy			% Analytical Sensitivity			% Analytical Specificity		
	FA	GPP	TAC	FA	GPP	TAC	FA	GPP	TAC
Adenovirus 40/41	97.7	94.7	95.3	97.4	57.9	68.4	97.7	100.0	99.2
Astrovirus	98.7	---	98.0	97.4	---	92.3	98.9	---	98.9
Norovirus	98.0	96.7	97.7	87.8	78.0	87.8	99.6	99.6	99.2
Rotavirus	96.3	99.3	98.3	100.0	95.8	89.6	95.6	100.0	100.0
Sapovirus	99.3	---	69.7	97.6	---	75.6	99.6	---	100.0

FA: BioFire Film Array

GPP: Luminex xTAG GI

TAC: Life TechnologiesTaqMan Array Card

# ASSAY ISSUES THAT IMPACT TESTING

- False positives due to material contamination
  - BioFire GIP – Norovirus
- Lower sensitivity for some viruses
  - Adenovirus
- Only most common serotypes included on panels
  - Norovirus G II.4
  - Adenovirus types 40, 41

# WHEN IS A GI VIRAL PANEL APPROPRIATE?

- High-risk patient/severe disease
  - Immunosuppression?
  - Correlate use with clinical presentation of patient
- Rule out of bacterial pathogens
  - Reduce antibiotic use
- Reduce ancillary testing for diagnosis
  - Esoteric cultures
  - MRI, invasive testing
- Faster diagnosis for outbreak situations



# WHEN IS A GI VIRAL PANEL *NOT* APPROPRIATE

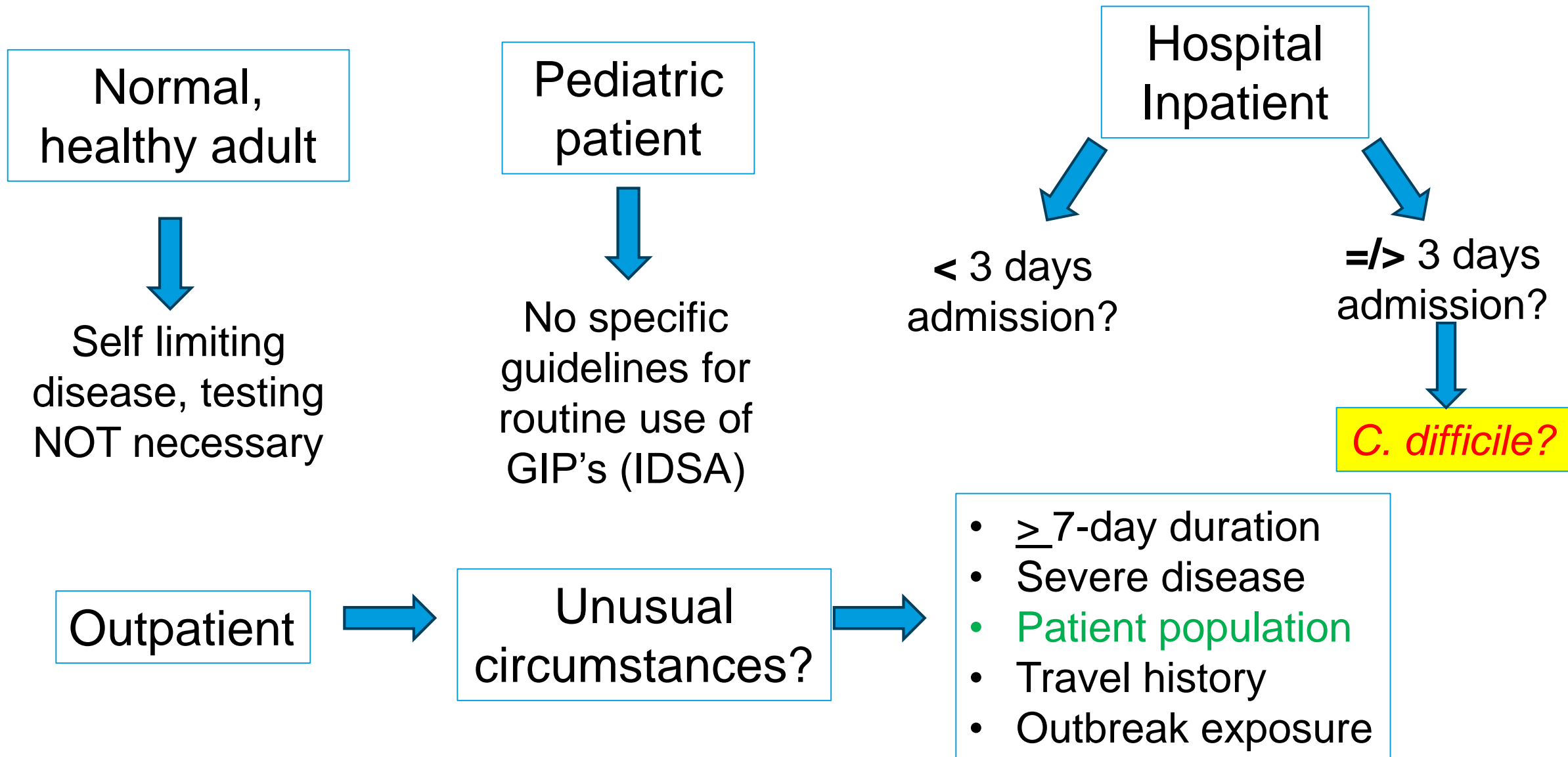
- Likelihood of detection of residual nucleic acid
  - May mask true etiology of disease
- Use as “Test of cure”
- Patients hospitalized  $\geq$  72 hours
  - Consider *C. difficile* instead
- Not recommended for normally healthy patients
  - Short duration of illness and supportive care

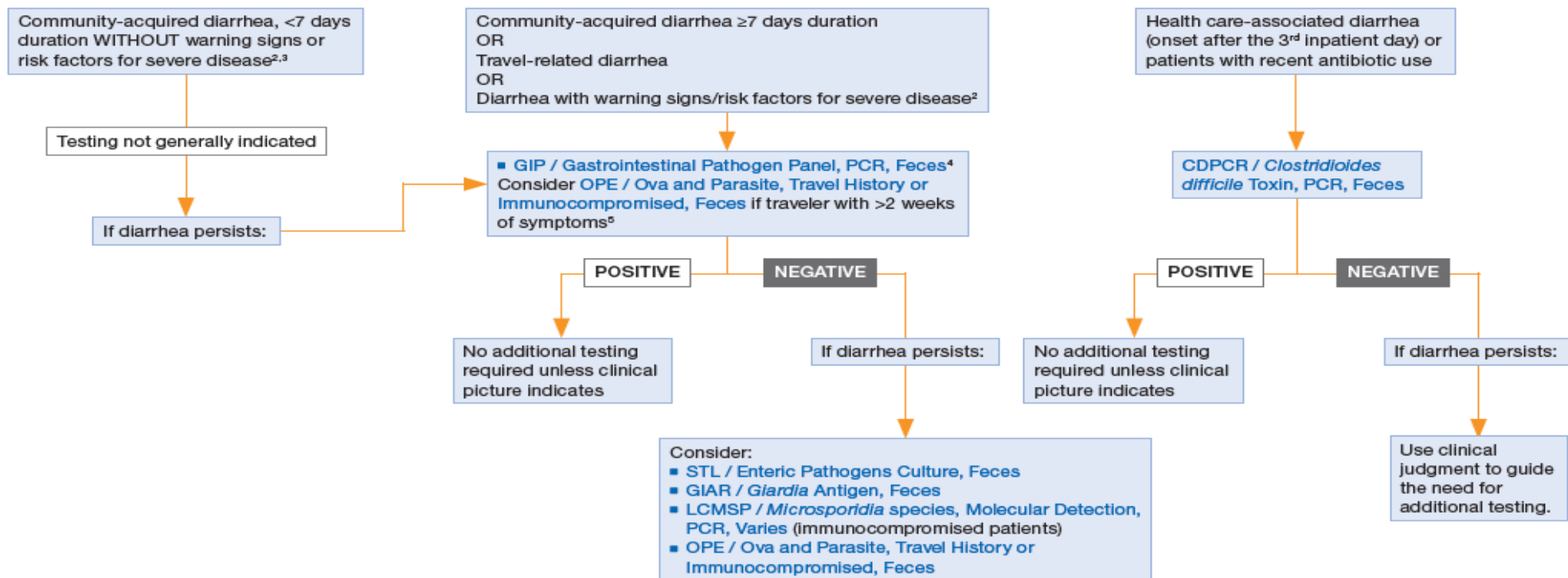


Powell EA, et al. J Clin Virol. 2023 Dec;169:105612.

Hata DJ et al. J Appl Lab Med. 2023 Nov 2;8(6):1148-1159

# GI PANELS AND PATIENT MANAGEMENT





<sup>1</sup> This panel should NOT be used for chronic diarrhea.

<sup>2</sup> Warning signs and risk factors for severe disease include fever, bloody diarrhea, dysentery, severe abdominal pain, dehydration, hospitalization, and immunocompromised state.

<sup>3</sup> During the summer, consider ordering [STFRP / Shiga Toxin, Molecular Detection, PCR, Feces](#) on children with diarrhea even if they don't have frankly bloody diarrhea, are not toxic-appearing, and diarrhea has been present <7 days.

<sup>4</sup> GI Pathogen Panel tests for common bacterial, viral and parasitic causes of diarrhea

<sup>5</sup> Submit 3 stool collected on separate days for maximum sensitivity

**Note:** In outbreak scenarios with a known organism, consider ordering a specific test for that organism ([CYCL / Cyclospora Stain, Feces](#); [CRYPS / Cryptosporidium Antigen, Feces](#); [GIAR / Giardia Antigen, Feces](#); bacterial stool culture)





# 4

## CNS VIRAL PATHOGEN PANEL TESTING

# CNS PATHOGEN PANEL TARGETS

- *Escherichia coli* K1
- *Haemophilus influenzae*
- *Listeria monocytogenes*
- *Neisseria meningitidis*
- GBS, GAS
- *Streptococcus pneumoniae*
- *Mycoplasma pneumoniae*

- *Cryptococcus* sp.
  - *Neoformans* and *Gattii*

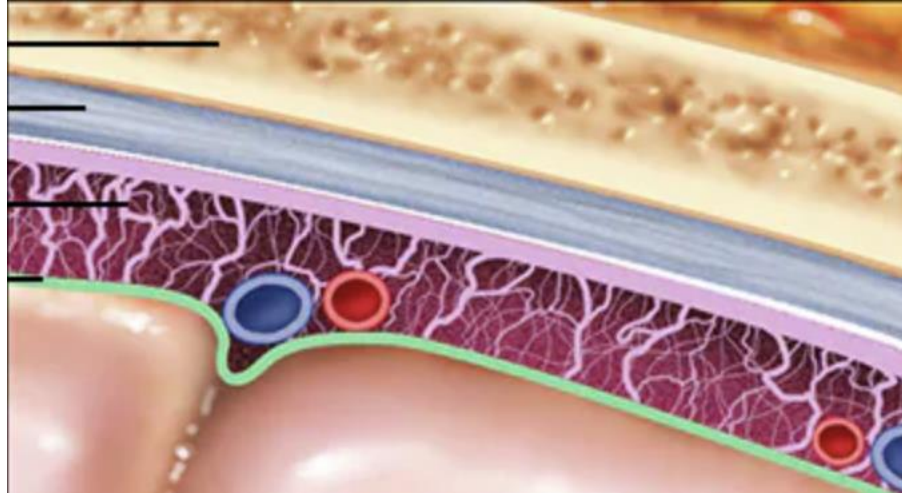
- 30 – 100 cases per 100,000 population
- 200,000 deaths yearly worldwide

- CMV
- Enterovirus
- HSV-1
- HSV-2
- Human herpesvirus 6 (HHV-6)
- Parechovirus (enterovirus)
- Varicella zoster virus (VZV)

# CNS PATHOGEN PANEL TARGETS

## Meningitis:

- Inflammation of the meninges
- 4 – 30 cases/100,000
- Enterovirus



## Encephalitis:

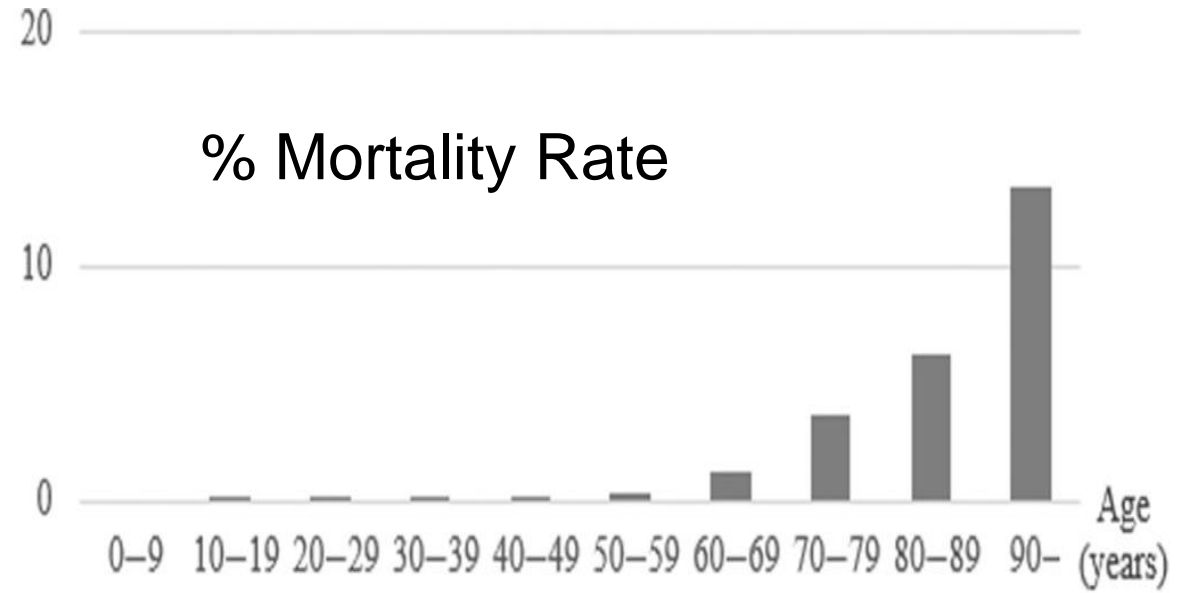
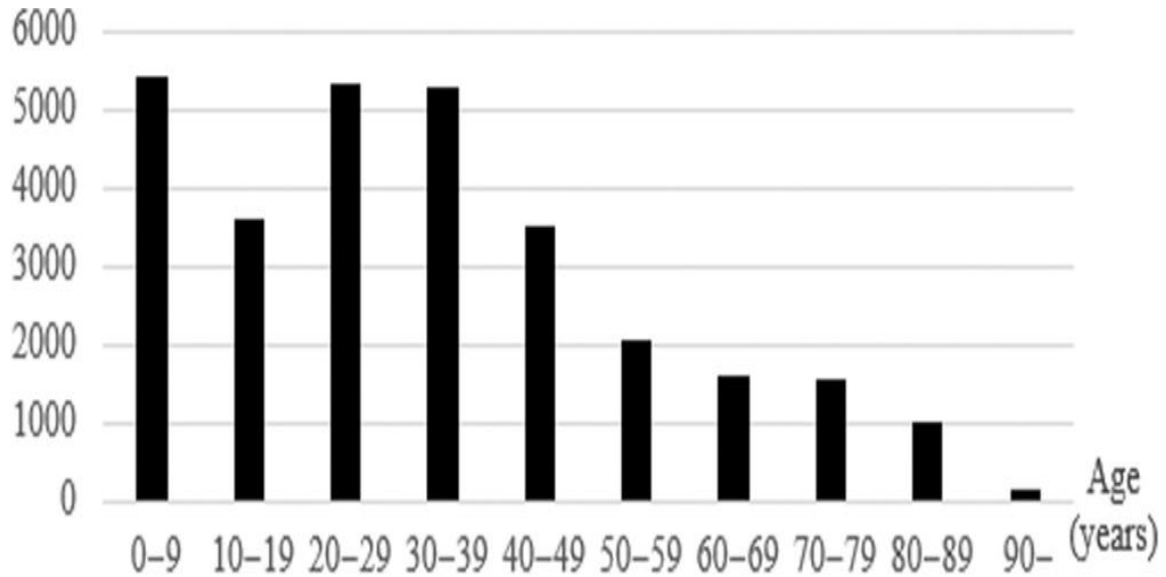
- Inflammation of brain parenchyma
- 3 – 7 cases/100,000
- HSV-1, HSV-2



- CMV
- Enterovirus
- HSV-1
- HSV-2
- Human herpesvirus 6 (HHV-6)
- Parechovirus (enterovirus)
- Varicella zoster virus (VZV)

# CNS VIRAL PATHOGENS

Viral meningitis cases Japan 2016 - 2022, N = 29,486



- CMV
- Enterovirus
- **HSV-1**
- **HSV-2**
- Human herpesvirus 6 (HHV-6)
- Parechovirus
- Varicella zoster virus (VZV)

# PERFORMANCE OF CNS PANEL – BIOFIRE ME



- Biofire ME Panel (BioMerieux Inc.)
  - FDA approved
  - 14 Targets
- 1 clinical site
- Adult and pediatric
- N = 161
- Compared to targeted PCR

Virus	PPA (95% CI)
Enterovirus	95.4 (83.7, 99.6)
HSV-1	73.1 (53.7, 86.5)
HSV-2	87.3 (75.7, 94.0)
CMV	100 (38.3, 100)
Parechovirus	Not tested
HHV-6	100 (51.1, 100)
VZV	100 (86.1, 100)
All viruses	94.8%

# PERFORMANCE OF CNS PANELS – QIASTAT DX ME



- QIAstat-Dx ME panel (Quagen Inc.)
  - FDA approved 11/4/2024
  - 15 Targets
- 3 clinical sites
- Adult and pediatric
- N = 585
- Compared to Biofire ME

Virus	PPA (95% CI)	NPA
Enterovirus	77.8 (45.3–93.7)	99.8 (99.0–100.0)
HSV-1	100.0 (83.9–100.0)	100.0 (99.3–100.0)
HSV-2	91.3 (73.2–97.6)	99.6 (98.7–99.9)
Parechovirus	No data	100.0 (99.3–100.0)
HHV-6	90.0 (59.6–98.2)	99.7 (98.7–99.9)
VZV	94.6 (85.2–98.1)	99.6 (98.6–99.9) 99.8 (99.6–99.9)
All viruses	93.2 (87.1–96.5)	99.8 (99.6–99.9)

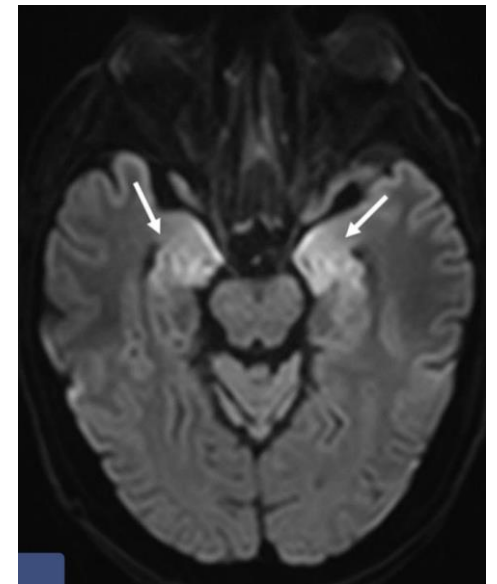
\* CMV not included on this panel

# ANALYTICAL ISSUES THAT IMPACT CNS TESTING

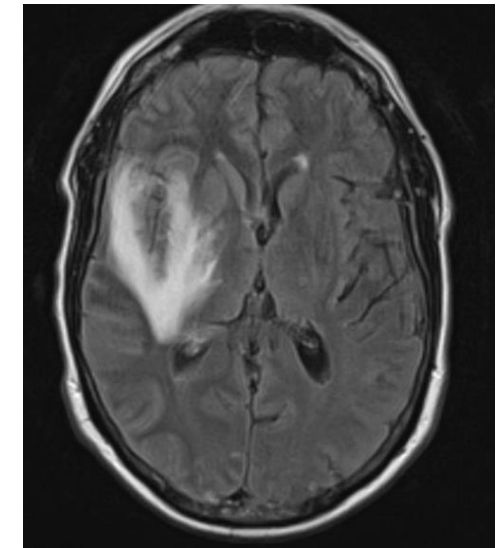
- False negative HSV-1, HSV-2 early in course of infection
- False positive *S. pneumoniae*
- False negative *Cryptococcus*
- Vector borne viruses not included on current panels
  - WNV
  - St. Louis Encephalitis
- HIV not included

# HUMAN HERPES VIRUS 6 – HHV 6

- HHV-6 testing – Detected but may not be clinically significant
- Chromosomal integration of HHV-6
- Subclinical reactivation of latent virus
- August 2017 – July 2017: N= 793
  - 60 (7.6%) positive for  $\geq 1$  target
  - 15 positive for HHV-6 (25%)
- Clinical relevance of HHV-6 unclear
- HSCT recipients at greatest risk
  - Distinct MRI changes
- Clinical judgement needed to judge significance
  - Provide interpretive comments on result report



HHV-6 encephalitis



HSV-1 encephalitis

Green DA. Clin Infect Dis. 2018 Sep 14;67(7):1125-1128.

Marcelis S, et al. J Belg Soc Radiol. 2022 Oct 10;106(1):93.

<https://radiopaedia.org/articles/herpes-simplex-encephalitis?lang=us>



# WHEN IS USE OF A CNS PANEL APPROPRIATE?

- Rapid diagnosis of encephalitis and meningitis
- Aids in antibiotic stewardship and length of hospital stay
- Culture negative meningitis/encephalitis
  - Availability of viral culture?
- Currently no set guidance for how or if testing should be limited as a stewardship approach,

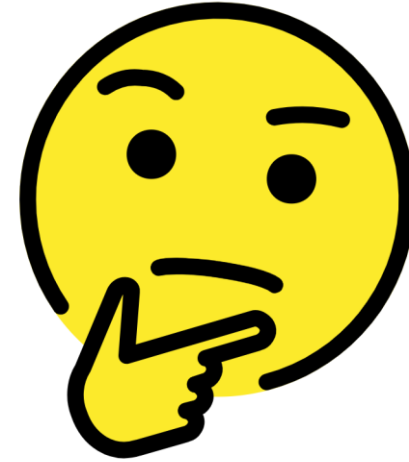


# WHEN IS USE OF A CNS PANEL *NOT* APPROPRIATE?

2017 IDSA practice guidelines:

- “Nucleic acid amplification tests, such as PCR, on CSF may both increase the ability to identify a pathogen and decrease the time to making a specific diagnosis (weak, low)”
- No current guidelines for use of panels
  - Survey of 335 pediatric providers across 40 US states
  - 75% did not have guidance on appropriate usage of panels
  - 76% did not have guidance on interpretation of results of panels
- Testing in the absence of relevant clinical signs of meningitis/encephalitis





**THINGS TO CONSIDER.....**

# WHY IS THIS SO COMPLICATED?

- Tests are expensive and may not be readily available
  - Reserve use for patients who truly need them
- Limits on insurance reimbursement (US)
- Ease of use has led rapid adoption and potential overuse
- **All analytes performed and reported**
  - No flexibility to break up panels
    - NEW: Liaison Plex system allows for view and pay only for targets of interest



# MOLECULAR MULTIPLEX POINT/COUNTERPOINT ADVANTAGES

- Syndromic approach useful when diagnosis cannot be made based on symptoms
- High analytical sensitivity and specificity
- Rapid time to result
- Superior to culture or antigen detection
- Must be a clear understanding of appropriate use and interpretation of test panel

Schreckenberger PC and McAdam, AJ. 2015. JCM 53:3110 – 3115  
Hata DJ et al. J Appl Lab Med. 2023 Nov 2;8(6):1148-1159

# MOLECULAR MULTIPLEX POINT/COUNTERPOINT

## DISADVANTAGES

- Panels not justified for rare pathogens, specific patient populations, or when clinical syndromes can be delineated
- Tests are not perfect
  - Understand the performance characteristics of each analyte to appreciate the positive and negative predictive value of the test
- Laboratory commitment to maintain test
  - Assay and software updates
  - Technologist competency
  - QC
  - Regulatory requirements

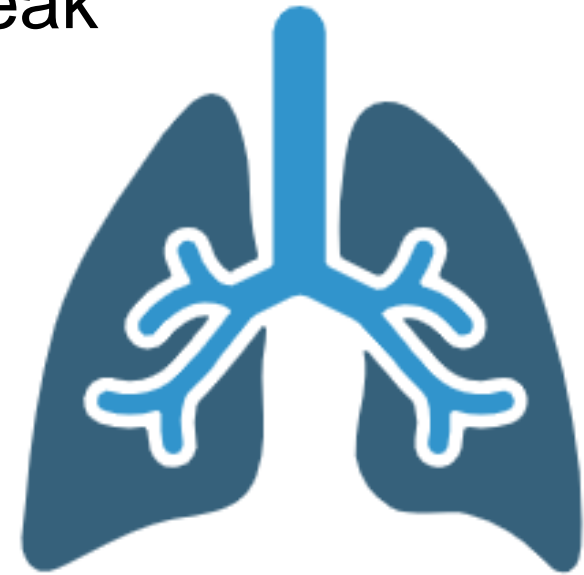
# IMPLEMENTATION OF MOLECULAR PANEL TESTING

## LABORATORY CONSIDERATIONS

- Appropriate use of test
  - Consider patient population
- Clinical need
  - Collaboration with clinical services
  - What do they need?
- Specific requests
  - Support for specific clinical services
- Ability to acquire instrumentation
  - Cost
  - Laboratory capacity
  - Availability of technical support
- Cost benefit to laboratory
  - Revenue generation
  - Cost avoidance
- Workflow!
  - Test upon receipt or batch?
  - Shift based or 24/7?
  - Competency of personnel

# SUMMARY – RESPIRATORY PANEL TESTING

- 3 – 22 targets: bacteria, viruses
- Good overall performance; > 90% accuracy
- Rapid TAT can help target therapy and outbreak management
  - Influenza, SARS CoV-2
  - May not affect antibiotic usage
- Should not be used for asymptomatic patients/screening
- Quality of specimen very important
- Changes in target sequences could affect sensitivity and specificity of test





# SUMMARY – GI PANEL TESTING

- Detection of viruses with overlapping symptoms
- Ability to detect GI viruses that cannot be cultured
- Good overall performance ; >90% accuracy
  - Adenovirus
  - Norovirus
- Useful in high-risk patients; severe disease
  - Diarrhea  $\geq$  7 days
- Not recommended for normally healthy patients
  - Self-limiting
  - Supportive care only



# SUMMARY – CNS PANEL TESTING

- Rapid diagnosis of encephalitis/meningitis
  - Guide use of antiviral agents
- High negative predictive value of assays
  - “Rule-out” test
- Be aware of accuracy issues:
  - HSV- 1, HSV-2
  - Enterovirus
  - HHV-6
  - *Cryptococcus*, *S. pneumoniae*



# THANK YOU!

- My FCIDCM support system
- Pan American Society for Clinical Virology (PASCV)
  - Meghan Starolis PhD
  - Eleanor Powell PhD
- MCF Molecular Virology Laboratory



# QUESTIONS & ANSWERS

